Lifestyles™
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# 麗駿資訊

2026年第一季 (Edition 2026 Q1)
香港區 (Hong Kong)

MARCH INCENTIVE

## 三月份
## 非會員入會及會員續會優惠

**非會員**於3月份以半價入會費$150，原價$300，即可成為會員，即慳$150；成為會員後，購買任何麗泰產品，可享有八折優惠。

**會員**於3月份亦只付半價續會費$75，原價$150，即可續會一年。

**機會難逢，即刻叫人入會及續會啦！**

## NON-MEMBER APPLICATION & MEMBER RENEWAL FEE INCENTIVE

**NON-MEMBERS** can become a member in March by paying only $150... that's 50% off original fee of $300! That's a savings of $150! After becoming a member, they can enjoy a 20% discount on any Lifestyles product.

**MEMBERS** only pay $75 for renewal fee — that's half of the original $150 — to renew their membership for 1 year in March.

**The opportunity is rare, so ask people to enroll or to renew the membership immediately!**

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## 辦事處資訊
## OFFICE INFO


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# 健康及商機分享說明會 — 聖誕派對2025 (HOPE – Xmas Party 2025) 2025年12月14日

麗泰香港於12月14日在麗泰香港辦公室舉辦了健康及商機分享說明會 — 聖誕派對2025，當天與會的，全是在香港的菲律賓會員及其親友。

今次聚會，除簡介公司背景及公司各種產品外，包括天茶，能采蔬果丸，心鈣健及纖維丸，主要是與各會員及其親友，共渡一個歡樂下午，齊賀聖誕，普天同慶。。

之後環節仲有：有獎問答遊戲，考考各人於會上有否留心聽簡介；有獎聖誕遊戲，包括Bingo，天茶 — 傳開去，運球為握及聖誕樹扮演等，大家可從相中感受當時的開心興奮。最後，是聖誕抽獎及派對小食，各人不論是獎品或肚腹，都滿載而歸。

精彩的 ” 聖誕派對2025” 相片，已上載至官方面書 @LifestylesHKofficialpage ，歡迎登入，溜瀏，讚好及分享。

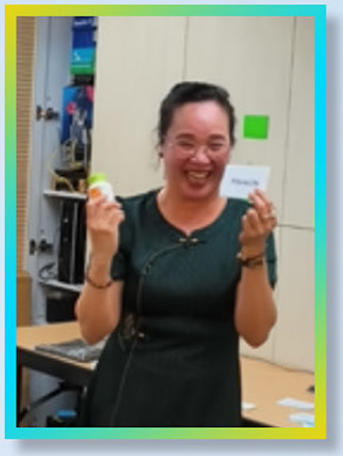
# HEALTH OPPORTUNITY PRESENTATION EXPERIENCE (HOPE – XMAS PARTY 2025) 2025 DECEMBER 14

On December 14, Lifestyles Hong Kong hosted the HOPE – Xmas Party 2025, with all attendees being Filipinos living in Hong Kong.

During the event, alongside a brief introduction to the company and its products—such as Intra, Nutria Plus, CardioLife, and FibreLife—the main focus was to provide a joyful and fun-filled afternoon to celebrate the upcoming Christmas and spread cheer to all.

The program included a variety of activities, such as quiz games with prizes to see if everyone was paying attention during the briefing, as well as games like Bingo, Intra – Pass It On, Spoon & Ping Pong Relay, and Human Xmas Tree. The excitement can be seen in the photos. To wrap up the celebration, a Christmas lucky draw and party snacks were enjoyed by all, making the event a memorable and fun experience for everyone.

# Health Opportunity Presentation & Experience



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## 星期日, 買天茶
## 2026上半年, 每月嘅第二及最後的星期日

以下是2026年4月至6月, 每月第二及最後的星期日辦公日期:

**4月12, 26日5月10, 31 及 6月14, 28日**

**辦公時間 : 10:00 至 17:00**

記住星期日上嚟買天茶啦!

## For the first half of 2026, these are the Sundays that you can purchase Intra: the second and last Sunday of each month!

The dates below are the opening of the second and last Sunday from April to June 2026:

**Apr. 12, 26 May 10, 31 & Jun. 14, 28**

**Office hours : 10:00 – 17:00**

Remember to visit and buy Intra on Sunday!

# 全方位的中港澳運輸服務，實有一區適合你。
# 2026年運費下調最新版
# Delivery service to China, HK & Macau.
# 2026 NEW economy rate version

麗泰香港的客戶，遍佈中國、香港及澳門，因此，麗泰提供中港澳優質實惠的運輸服務，以方便各客戶將天茶安全、方便及快捷地送抵指定地點。

## 中國 CHINA

**產品：天茶水 已下調新運費**
**Product : Intra Liquid NEW economy delivery fee**

送往地區：全國, 運費： 首支HK$100 其後每支HK$25 每9支後, 運費由首支起再計
To all region in China, Fee : 1st bottle: HK$100; 2nd bottle & after HK$25 per bottle
After 9 bottles, fee will be counted from the 1st bottle again

**產品：丸類產品 – 天茶丸、蔬果丸、快纖營、心鈣健**
**Product : Capsule – Intra capsule, Nutria Plus, FibreLife & CardioLife**

送往地區：全國 運費： 首5樽丸HK$85 其後每樽HK$17–
To all region in China Fee : First 5 btl HK$$85, 6th btl & after HK$17 per btl

- 運費已包內地報關及稅項事宜，必需提供收貨人護照或內地身份證正背面作報關用
  Include custom clearance & excise, pls provide passport or front & back of the receiver's China ID for custom clearance
- 貨物到達需時7至21個工作天不等 Delivery in 7 – 21 working days

## 香港 Hong Kong

已下調新運費
NEW economy delivery fee

| 產品 (天茶水)<br>Product (Intra liquid) | 九龍區<br>Kowloon | 新界區<br>N.T. | 香港島區<br>HK Island | 馬灣/東涌<br>Ma Wan/<br>Tung Chung | 愉景灣<br>Discovery Bay |
|---|---|---|---|---|---|
| 1箱 (case) | $90– | $90– | $90– | $90– | $140– |
| 2箱 (cases) | $130– | $130– | $130– | $130– | $180– |
| 3箱 (cases) | $180– | $180– | $180– | $180– | $230– |
| 4 – 10箱 (cases) | $220– | $300– | $300– | $300– | $450– |

不足1箱的運費更經濟，請向職員查詢 Pls enquire charge for delivery less than 1 case

## 澳門 Macau

只限天茶水及天茶丸 (Only Intra liquid & Intra capsule)

| 產品 Product | 澳門及氹仔 Macau & Taipa | 路環/威斯汀 Coloane/Westin |
|---|---|---|
| 首兩箱天茶水 Intra liquid 1st 2 cases | $188– | $218– |
| 其後每箱 afterwards each case | $72– | $72– |
| 不足1箱的運費更經濟，請向職員查詢 Pls enquire charge for delivery less than 1 case | | |
| 每16樽天茶丸 Intra capsules every 16 bottles | $100 | $130– |

# 送貨需時約7個工作天 Delivery in 7 working days

*Updated February 2026*

# 2026馬年新春團拜
# 2026年2月25日

# 2026 Year of the Horse New Year – HOPE meeting February 25, 2026

轉眼7年了，上次新春團拜，已是2019年，之後因疫情停辦至今，今年多得各全球分銷董事同心合力，令新春團拜捲土重來。

首先由四位領袖：孫渝玲，邱凱平，楊文晴及鍾莉芝同大家拜年，祝馬年大家身體健康，公司生意興隆。

然後派對正式開始。首先相隔7年再叙會，先同大家重溫公司背景，然後正式介紹於疫情時推出的新產品 — 心鈣健。心鈣健的功效，其9種成份的協同效應，特別是成份之一，維他命K2或稱維他MK7，對預防血管栓塞及補充骨骼中的鈣質，有一定的幫助。

跟著是麗泰產品故事分享，各人見証麗泰產品如何改善其身體毛病，至今每天活得更精彩。最後是人人興奮的抽獎環節，多謝各領袖奉獻麗泰產品作為抽獎禮物，使各人有第二輪抽獎機會，不但人人有份，甚至滿載而歸。

最後，公司預備了茶點招待各人，他們多年不見，難得今天聚首，自然邊吃邊談個不休。各人都過了一個既開心愉快又飽肚的馬年新春團拜。

Looking back, the last New Year meeting was held in 2019, seven years ago. Since then, due to COVID-19, no gatherings were possible. Thanks to the dedicated efforts of our leaders, the New Year HOPE Meeting has finally made a comeback this year.

To begin, our four leaders — Lucia Suen, Madam Yau, Madam Yeung, and LC Chung — warmly welcomed everyone and extended their heartfelt wishes for good health and prosperous business during the Year of the Horse.

The program then officially began. As it had been seven years since our last meeting, we first revisited the company's background and development. We also introduced the new product launched during the COVID-19 period — CardioLife. The synergistic effect of its nine ingredients, especially vitamin K2 (MK-7), helps prevent vascular embolism and supports calcium replenishment in the bones.

This was followed by a sharing session on Lifestyles products. Participants shared personal stories of how these products improved their health conditions and helped them truly "Live Better Every Day." The event concluded with an exciting lucky draw. Special thanks to our leaders for generously sponsoring Lifestyles products as prizes, giving everyone a chance to participate in the second round of the draw.

Finally, the company prepared refreshments for all attendees. As many had not seen each other for years, it was a rare and joyful reunion. Everyone enjoyed delicious food and lively conversations, celebrating a happy and fulfilling New Year gathering for the Year of the Horse.

YEAR OF THE HORSE 2026

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# 復活節假期
# 4月3日至4月6日
# 〔星期五至星期一〕
# 休息

## Closed on Easter Holiday
## 02 Apr – 06 Apr (Fri to Mon)

# 清明節假期
# 4月7日
# 〔星期二〕
# 休息

## Closed on Ching Ming Festival
## 7 April (Tue)