

## 本期內容 IN THIS ISSUE

- 1 三月優惠  
March Incentive
- 2 健康及商機分享說明會 (HOPE)  
Health, Opportunities  
Presentation Experience  
meeting (HOPE)  
2024年1月 / 2024 January
- 3 接觸麗泰香港更方便  
Lifestyles HK contact info
- 4 能采蔬果丸加強版 問與答
- 5 Nutria Plus Q&A
- 6 樂活博覽2024  
LOHAS Expo 2024
- 7 星期日辦公時間  
Sunday office hours
- 8 手電瀏覽麗泰資訊，快靚正！  
網上商店，方便無比！



條款:

- 所購產品必須全部根據指定日期一次過送到指定地點；
- 如送貨地址的樓宇沒有升降機直達送貨樓層或地下，第一層樓首兩箱免附加費，其後每箱每層為港幣\$40；
- 送貨服務不包括機場及陸路不能直送的離島區

## 本地運費半價優惠， 一支天茶水運費都有折！

- 3月份單一購買任何產品，任何分數，都可享本地運費半價優惠；
- **1400分或以上**，可獲免費本地送貨一次；
- **2800分或以上**，仲可獲免費本地送貨兩次添呀！
- **中國內地及澳門**，購買產品每滿315分，運費減 \$50；  
1400分或以上，運費減 \$200；2800分，運費減 \$400。



呢個月仲唔落單，坐定定在家等收貨？仲有天茶水未飲曬？先落單，後送貨，取咗優惠先啦！

## LOCAL DELIVERY 50% OFF INCENTIVE!

ENJOY THIS SPECIAL OFFER... EVEN WHEN 1 BOTTLE IS ORDERED!

- In March, every single order with any product, any point is entitled to have **50% OFF ON LOCAL DELIVERY FEE!**
- Order **1400 points or above**, receive **FREE LOCAL DELIVERY ONCE!**
- **2800 points or above**, receive **FREE LOCAL DELIVERY TWICE!**
- **CHINA & MACAU**, less delivery fee \$50, \$200 & 400 for single order every 315, 1400 & 2800 points respectively

Terms & conditions:

- If there is no lift in the building, first 2 cases for the 1st floor is free surcharge, thereafter there is surcharge \$40 per case per floor
- No delivery for area that cannot be accessed by truck.



## 辦事處資訊 OFFICE INFO

辦事處資訊  
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廣東道28號  
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IG Instagram : lifestyles\_intra\_hk





# Health Opportunity Presentation & Experience

## 健康及商機分享說明會 (HOPE) 2024年1月14日

麗泰香港於1月14日再在麗泰香港辦公室舉行了2024年，一季一次的健康及商機分享說明會，對象為在香港工作的菲律賓人。

今次分享會主要講解能采蔬果丸加強版的研發過程及其12種成份的協同效應，及此產品對預防癌症及炎症的功效。會後有獎問答遊戲，考考各人對能采蔬果丸加強版的認識，對他們在外推廣介紹此產品，甚有幫助。

最後，當然少不了各直銷商分享親身的天茶故事，因天茶的23種成份，改善他們身體的8大機能，達到身體健康。如你想瞭解多些天茶及麗泰產品，歡迎隨時聯絡我們，或留意下次健康及商機分享說明會的舉辦日期。

精彩的天茶故事分享，已上載至官方面書 @LifestylesHKofficialpage，歡迎登入，溜躑，讚好及分享。

## HEALTH OPPORTUNITY PRESENTATION EXPERIENCE (HOPE MEETING) 2024 JANUARY 14

On January 14, Lifestyles Hong Kong organized a HOPE meeting again while the target audience were the Filipinos working in HK.

In this meeting, we had introduced the process of research & development of NutriaPlus & its combination of 12 synergistic ingredients, its effect on preventing cancer & reducing inflammation at the cellular level. In addition, there was a quiz game with prizes to strengthen distributors' knowledge on NutriaPlus. The quiz helped them to promote the product to their friends & relatives.

At last, PH leaders and distributors shared their experience on using Intra. Because of the 23 ingredients of Intra, their 8 biological system were improved so as to their health. If you want to know more about Intra & Lifestyles products, please feel free to contact us & participate in the next HOPE meeting.

Intra stories are uploaded to official FaceBook @LifestylesHKofficialpage, you are welcome to access, like & share.







# Lifestyles™

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接觸麗泰香港更方便

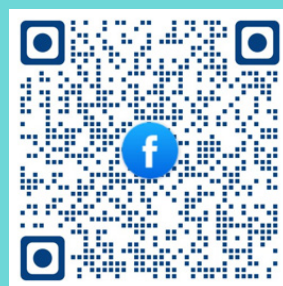
現在，你有更多途徑獲得麗泰香港的最新資訊：

 面書 (Facebook) : @LifestylesHKofficialpage

 微訊公眾號：麗泰天茶

 IG (Instagram) : lifestyles\_intra\_hk

即刻追蹤及關注，以獲得我哋嘅第一資訊及最新消息啦！



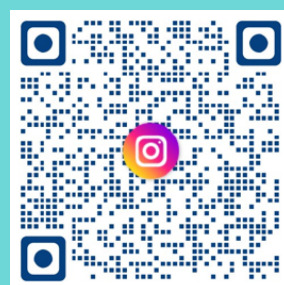
**It's so easy to get in contact with Lifestyles HK!**

 Facebook : @LifestylesHKofficialpage

 WeChat Public Account : 麗泰天茶

 Instagram : lifestyles\_intra\_hk

**Follow our pages to be the first to get the latest news!**





Paul Kramer  
Senior Vice President

Lifestyles™

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From the desk of

PK

www.lifestyles.net

@LifestylesLGN

## NutriaPlus Q&A

### 甚麼是能采加強版？

能采加強版是高效能抗氧化補充品，它是由12種具協同效應的天然成份組合而成。每次享用能采加強版，便提供了植物精華，維他命及礦物質的抗氧化及植物營養素；而且，它包含有機組合硒，SelenoExcell（是亞利桑那大學營養預防癌症研究，研究硒的品牌）。

### 甚麼是“抗氧化”？

抗氧化幫助保護我們身體的每個細胞及細胞膜，免受日常生活破壞，亦防止日積月累的氧化引致的健康問題。科研正找尋抗氧化於預防癌症及心臟病，促進免疫系統及延遲衰老的能力。很多頂尖的科學家和醫療從業人員深信增加服用抗氧化，能顯著改善健康，延年益壽。

### 能采加強版是如何研製？

運用斑馬魚研究方法，麗泰尋找出最有效的天然成份組合，能於以下四方面幫助我們：

- 防止細胞不正常生長（癌症）
- 增強組織修復（幫助身體從創傷中復原）
- 減少身體內部發炎（這是很多疾病的根源）
- 保護細胞免被環境污染及陽光照射所傷害

這個組合是 ..... 能采加強版！

### 為何用斑馬魚作為人類健康研究？

斑馬魚的基因結構與人類很近似，牠們有70%人類共有的基因及多過80%導致人類疾病的基因，牠們亦有與人類相同的器官和組織，牠們的肌肉，血液，皮膚，腦部，心臟及眼睛都有很多與人類共有的特質。研究員只要將斑馬魚放於含有藥物或養分的水中，斑馬魚通過皮膚吸收藥物或養分，影響很快便可觀察得知。

記住，於斑馬魚觀察到的結果，在人類中同樣可以觀察到——這是一個非常可靠的方法，決定甚麼東西對人類健康有好處。

### 人類的那些疾病是借助斑馬魚來研究？

斑馬魚是用來研究多種不同的癌症，血病，糖尿病，心臟病，腦部健康及發現新藥物，很多人類疾病的成因及可能的治療方法。

### 為何你要服用能采加強版？

- 你沒有食生果及蔬菜達5至7日
- 你沒有均衡飲食
- 你經常脫餐
- 你經常光顧快餐店
- 你生活有壓力
- 你生活在污染的環境中

### 甚麼時間服用能采加強版最好？

能采加強版最好於進餐時服，因為維他命及礦物質，甚至一些植物營養素，與少許脂肪一起被身體吸收是最好的。

### 我是否仍要食新鮮水果及蔬菜？

絕對要！能采加強版不是用來代替新鮮水果及蔬菜，而是幫助補充新鮮水果及蔬菜中的重要營養成份。廣泛認同，大部份人每日進食不足水果及蔬菜的建議份量，而且，現代耕種方法，貧瘠的土壤，殺蟲劑和未成熟採摘，令水果及蔬菜的營養被中和及流失，但是，新鮮水果及蔬菜依然提供膳食纖維及水分，達到好健康的兩個重要原素。

### 我可否天茶及能采加強版一同服用？

當然可以啦！事實上，我們很鼓勵你如此做，特別是能采加強版的研製及測試，能與天茶互相補充。天茶及能采加強版一起服用，你便可獲得許多協同的相互作用，包括增加ORAC值（量度抗氧化的能力），增強效果，加強促進健康！

### 如果你正搜尋：

- 保護你身體的細胞
- 延遲老化的影響及
- 保護你自己免受因抗氧化不足引致的疾病，咁....

今日就即刻服用能采加強版！







Paul Kramer  
Senior Vice President



From the desk of

PK

www.lifestyles.net

@LifestylesLGN

## NutriaPlus Q&A

### What is NutriaPlus?

NutriaPlus is a **highly concentrated antioxidant supplement** containing a unique combination of twelve synergistic natural ingredients. **Each serving of NutriaPlus provides the antioxidants and phytonutrients from plant extracts, vitamins and minerals.** Moreover, it includes organically bound selenium called SelenoExcell (the brand of selenium studied in the Nutritional Prevention of Cancer Study by the University of Arizona).

### What are "antioxidants?"

**Antioxidants help protect every cell and membrane in our body from the damaging effects of daily life**, and help prevent health conditions that result from accumulated damage from oxidation. For example, science has been looking at the ability of antioxidants to prevent cancer and heart disease, boost the immune system, and slow the aging process. Many leading scientists and healthcare practitioners are convinced that increasing your intake of antioxidants can result in a major improvement in health and increased longevity.

### How was NutriaPlus developed and formulated?

Using the zebrafish research model Lifestyles set out to **find the most powerful combination of natural ingredients** that would help humans in the following four categories:

- Preventing abnormal cell growth (cancer)
- Enhance tissue repair (help the body recover from injury)
- Reduce inflammation in the body (root cause of many diseases)
- Protect the cells from the damage caused by environmental pollution and sun exposure

**The result is... NutriaPlus!**

### Why are zebrafish used for human health research?

**The zebrafish genetic structure is incredibly close to humans.** They share 70% of genes with us and more than 80% of the genes associated with human diseases. They also have many of the same organs and tissues as humans. Their muscle, blood, skin, brain, heart and eyes share many features with humans. Researchers can easily expose the fish to the drug or nutrient being tested simply by putting it in the water - the zebrafish absorb it through their skin and the effects can be quickly observed.

Remember, **the results observed in the zebrafish will also be observed in humans** - this is a very reliable method of determining what will benefit human health

### What human diseases are zebrafish being used to study?

Zebrafish are used to study many different cancers, blood diseases, diabetes, heart disease, brain health and to discover new medicines and the causes and possible cures for many human diseases.

### Why should you take NutriaPlus?

- You don't get your 5 - 7 daily servings of fruits and vegetables
- You don't eat a balanced diet

- You skip meals
- You often eat-out at fast food restaurants
- You have stress in your life
- You live in a polluted environment

### What is the best time to take NutriaPlus?

NutriaPlus capsules **should always be taken with a meal** as vitamins and minerals, as well as certain phytonutrients are better absorbed by the body when a small amount of fat is present.

### Do I still need to eat fresh fruits and vegetables?

Absolutely! **NutriaPlus is not intended to replace fresh fruits and vegetables but to help supplement the important nutrients provided in them.** It is well recognized that the majority of people do not consume the suggested servings of these foods on a daily basis. In addition, due to modern farming methods, the nutritional benefits of fruits and vegetables have been compromised due to depleted soil, pesticides and unripe picking. However, fresh fruits and vegetables also provide dietary fibre and water, two important elements for good health.

### Can I take Intra and NutriaPlus together?

**Of course! In fact this is encouraged, especially since NutriaPlus was tested and developed to complement Intra.** By taking both Intra and NutriaPlus together, you capitalize on numerous synergistic interactions, including an increased ORAC value (a measure of antioxidant capacity), increased effectiveness, and increased health benefits!

### If you are looking to:

- **Protect the cells of your body**
- **Slow down the effects of aging and**
- **Protect yourself from diseases linked to low intake of antioxidants, then...**

**start taking NutriaPlus today!**







# 優質 天然

## LOHAS 樂活博覽

### 健康產品博覽 Expo 2024

食品 · 護理 · 保健 · 美容

樂活博覽2024  
2024年1月26至28日

今年，麗泰香港首度參與樂活博覽。我們與其他過百參展商，於博覽會一同展示優質產品與廣大參觀人士。

在三天展期裏，甚多參觀人士對天茶及麗泰產品深感興趣，試飲天茶後更讚賞其味道味美，並即時下單購買，保障身體八大機能健康。

無疑，參與此次展覽，令更多人認識天茶，令更多人每天活得更精彩。今年，我們會繼續參與此類展覽，請留意麗泰香港官方網頁及面書，以得知我們會參與的展覽，日期及時間。大家到時見。

**LOHAS Expo 2024**  
**2024 January 26 – 28**

This year, Lifestyles Hong Kong participated in the LOHAS Expo. There were hundreds of exhibitors showing & selling high quality products to the visitors.

In the 3 days exhibition, many people were interested in Intra and Lifestyles products. They found the taste of Intra very pleasant and placed their orders at once to protect their 8 biological systems.

It is no doubt that the participation at the Expo allowed for more people to know about Intra and let them Live Better Every Day. We shall carry on to participate in exhibition in this year. Please pay attention to Lifestyles Hong Kong official web-page & Facebook to know the exhibition that we shall participate, the date & the time. See you there.





# Lifestyles™

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**星期日，買天茶**  
**2024上半年，每月嘅第二及最後的星期日**

以下是2024年3月至6月，每月第二及最後的星期日辦公日期：

3月10, 31日      4月14, 28  
5月12, 26 及      6月9, 30日

**辦公時間：10:00 至 17:00**

**記住星期日上嚟買天茶啦！**



**For the first half year of 2024, these are the Sundays that you can purchase Intra: the second and last Sunday of each month!**

The dates below are the opening of the second and last Sunday from March to June 2024:

**March 10 & 31      April 14 & 28**  
**May 12 & 26      June 9 & 30**

**Office hours : 10:00 – 17:00**

**Remember to visit and buy Intra on Sunday!**



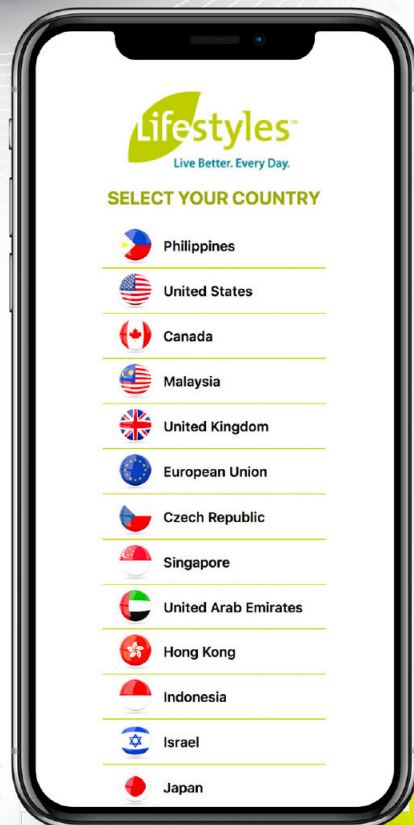


用你的手提電話，7日24小時  
無間斷地溜覽麗泰資訊！

- 🛒 選購麗泰產品
- 🔑 登入你的個人商業中心帳戶
- ! 獲取所有麗泰產品資訊
- 📱 連結麗泰面書專頁

另一渠道助你建立你的麗泰事業！

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[www.lifestyles.net](http://www.lifestyles.net)



好消息！好消息！

麗泰網上商店現已開業

現在，隨時隨地都可以訂購天茶啦，  
麗泰網上商店現已開業！  
購貨及付款即時辦妥，減少傳真或電郵購貨  
的不便，請即時進入[www.lifestyles.net/hk-ch](http://www.lifestyles.net/hk-ch)  
感受麗泰網上商店一站式購物的方便。



注意事項：

- 1) 訂單完成後不能更改貨品之內容
- 2) 直銷商必須核實自己的名字才完成訂單，否則訂單完成後不能更改
- 3) 傳真及電郵方式購貨，仍然有效，但同一張單，切勿用多於一個渠道訂貨，以免重複訂購。

[www.lifestyles.net](http://www.lifestyles.net)

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