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辦事處資訊 OFFICE INFO

辦事處資訊
麗泰(亞太)有限公司
香港九龍尖沙咀
廣東道28號
新太陽廣場5樓506A室

Lifestyles Asia Pacific Ltd
Room 506A, Floor 5
Lippo Sun Plaza
28 Canton Road

電話Tel : 2739 0020
傳真Fax : 2739 0030
www.lifestyles.net
電郵E-mail : hongkong@lifestyles.net
WhatsApp : 6358 4752
微信WeChat : Lifestyles_Intra_HK

超筍優惠，從未有過，你又豈容錯過！

3月份單一購買產品達指定分數，可享以下優惠，多買多送：

單一購貨滿	160分	315分
優惠產品	半價一件	免費一件

例一：475分，可得免費產品1件及半價購買產品1件。

例二：1400分，可得免費產品4件，連原有的3件天茶優惠，即共有7件優惠產品。

條款：

- 只限有效會籍會員
- 本地送貨 – 會員可用兩件免費產品，換1次免費送貨，訂單確定後將不可更改；
- 如送貨地址的樓宇沒有升降機直達送貨樓層或地下，第一層樓首兩箱免附加費，其後每箱每層為港幣\$10；
- 優惠麗泰產品不適用於續會費，入會費，及助銷產品，此外，**優惠產品不可獲得分數**

SUPER INCENTIVE, NEVER BEFORE, YOU CAN'T MISS IT!

In March, if a single order reaches the specified points, you can enjoy the following discounts. The MORE you purchase, the MORE you will be rewarded:

Single order with points	160 points	315 points
Incentive products	50% off 1 item	FREE 1 item

Example 1 : 475 points, free product x 1 + 50% off product x 1

Example 2 : 1400 points, free product x 4 + original free Intra x 3

Terms & conditions:

- Applicable to valid membership only
- Local delivery – member can exchange from 2 units of free product to 1 free local delivery. Once the order is confirmed, it cannot be changed
- If there is no lift in the building, first 2 cases for the 1st floor is free surcharge, thereafter there is surcharge \$10 per case per floor
- No delivery for area that cannot be accessed by truck.
- This offer does not apply on: Renewal Fee, Application Fee and Sales Aids. **These additional purchased items are not eligible for points**

條款：所有爭議，以麗泰香港之決定為準

Remarks: Lifestyles HK has all the right in final decision





產品售價調整

本公司產品自2008年3月起至今，15年來售價未有任何調整，皆因公司從控制成本方面下苦功，以不加價的情況下，達至收支平衡，但其間來貨及營運成本不斷上升，現迫不得已決定於**2023年3月1日**起調整產品售價如下：

產品	調整後售價
天茶水 / 丸	\$350- 每瓶
能采加強版	\$250- 每瓶
心鈣健	\$350- 每瓶
快纖營	\$300- 每瓶
銷售文件	\$300-
入會費	\$300-
續會費	\$150- 每年

感謝大家繼續對本公司的支持，我們會繼續秉持讓大家「每天活得更精彩」的理念，為大家提供優質的產品和服務。

PRODUCT PRICE ADJUSTMENT

Our prices have not changed in the last 15 years — since March 2008 — as we have done our best throughout the years to control all associated costs. However, due to the rise in costs for operation, transportation, etc., we are forced to adjust our prices as follows — **effective 2023 March 01st**:

Product	調整後售價
Intra liquid / caps	\$350- per bottle
NutriaPlus	\$250- per bottle
CardioLife	\$350- per bottle
FibreLife	\$300- per bottle
Sales aids	\$300-
Application fee	\$300-
Renewal fee	\$150- per year



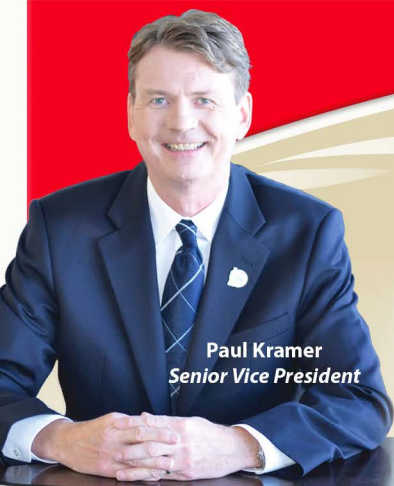
Thank you for your continued support! We will continue to provide quality products & services so that you can Live Better. Every Day!

Stay
Healthy & Strong
with Lifestyles products!

MAXIMIZE benefits by using
all of the products... everyday!

LIFESTYLES PRODUCTS	HOW / WHEN TO TAKE	BENEFITS
Intra	Anytime, with or without food	<ul style="list-style-type: none"> • Supports 8 body systems (numerous benefits – all individuals) • 95% of users receive a benefit
NutriaPlus	With meals	<ul style="list-style-type: none"> • Reduces cell damage • Reduces inflammation at the cellular level (cell health) • Keeps healthy cells <i>healthy</i> your entire life
CardioLife	With meals	<ul style="list-style-type: none"> • Optimal blood flow • Healthy Arteries • Heart and Brain Health
FibreLife	<ul style="list-style-type: none"> • 15 minutes before meals • With meals 	<ul style="list-style-type: none"> • Weight lose and weight management • Lower cholesterol and lower blood sugar





Paul Kramer
Senior Vice President



From the desk of

PK

www.lifestyles.net

@LifestylesLGN

CardioLife Q&A

甚麼是心鈣健？

心鈣健是天然與科研結合的膳食保健品，提供多種維他命、礦物質及植物精華，促進心血管及血液循環系統健康。研究顯示，維他命K2 (MK7)、山楂精華及維他命B6、B12及葉酸的組合，能維持動脈健康及確保身體血液流動順暢。

甚麼是VitaMK7？

心鈣健含有獨特及精心研究的維他命K2品牌，VitaMK7。被稱為最優質，最活躍的維他命K2，VitaMK7，是純Menaquinone-7 (MK7)甲萘醌7。甲萘醌7(MK7)已被精心研究及確認，能將血液中的鈣質，有效引導流向骨骼，填補所需，從而加強血液流動及強化骨骼。

維他命K2(MK7)是否可強化骨骼及健康？

是的！很多研究顯示，維他命K2(MK7) 能將血液中的鈣質，運送到骨骼而令其強化；同時，藉此可減少鈣質在動脈中積聚，確保心臟健康。

在研究中，建議每天維他命K2的攝取量是多少？

在很多心臟及骨骼健康的研究中，建議每天維他命K2(MK7)的攝取量是180微克。

山楂精華在產品中有甚麼作用？

山楂在心血管疾病中有廣泛的使用歷史，其歷史可以追溯到一世紀。山楂應用在處理心血管疾病方面，例如充血性心力衰竭(CHF)、冠心病、心絞痛及心律不整。山楂中的多酚含量很高，具有很強的抗氧化劑和抗炎作用，對身體有很多益處。

甚麼時間服用心鈣健最好？

你可在任何時間服用心鈣健，但建議與食物同服，確保有最好的吸收效果。

服用心鈣健的基本好處是甚麼？

加拿大健康局批准心鈣健有以下的宣稱：“有助促進心血管健康及血液循環”。此外，心鈣健含有維他命K2(MK7)，它亦可以幫助強化骨骼。

心鈣健如何幫助心血管系統及血液循環？

動脈是負責把血液由心臟運送到身體各部份，心鈣健的成份令動脈保持健康及柔韌，以確保血液在動脈中運行順暢，不會被積聚的鈣和膽固醇阻塞。

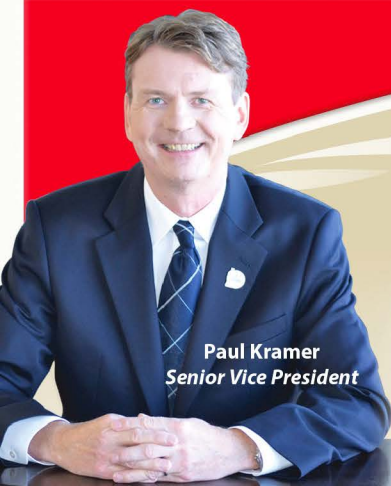
是甚麼導致動脈阻塞，即所謂“動脈硬化”？

這些阻塞，是因鈣，膽固醇和其他物質粘附在心臟受損的動脈壁上，久而久之，這些堆積物會完全阻塞動脈，導致心臟病或其他危及生命的相關疾病。

改善血液循環，對身體其他部位有好處嗎？

絕對有好處！研究顯示，改善血液循環，有助於整體的腦部健康及記憶功能。糖尿病人亦可藉改善血液循環到身體四肢，病情得以改善。





Paul Kramer
Senior Vice President



From the desk of

PK

www.lifestyles.net

@LifestylesLGN

CardioLife Q&A

What is CardioLife?

CardioLife is a scientifically formulated dietary supplement providing vitamins, minerals and plant extracts that support cardiovascular health and blood circulation throughout the body. **The combination of Vitamin K2 (MK7), Hawthorn Extract and Vitamins B6, B12 and Folic Acid have shown to support the health of the arteries and ensure maximum blood flow throughout the body.**

What is VitaMK7?

CardioLife contains a unique and well-studied brand of Vitamin K2 called VitaMK7. Known as the highest quality, most active form of Vitamin K2, VitaMK7 is pure Menaquinone-7 (MK7). Menaquinone-7 (MK7) has been well studied and shown to enhance blood flow and strengthen bones by removing calcium from the blood and depositing it in the bones, where it belongs.

Does Vitamin K2 (MK7) have a role in bone strength and health?

Yes! Numerous studies have shown that Vitamin K2 (MK7) builds bone strength by removing calcium from the blood and depositing it in the bones. This also accounts for its heart health abilities as it reduces calcium build up in the arteries.

What is the daily dosage used in the research studies involving Vitamin K2?

Most of the studies done on heart health and bone health have used a daily dosage of 180 mcg per day of vitamin K2 (MK7).

What is the role of Hawthorn Extract in the formula?

Hawthorn has an extensive history of use in cardiovascular disease, dating back to the first century. Hawthorn is used for cardiovascular conditions such as congestive heart failure (CHF), coronary heart disease, angina, and arrhythmias. Very high in polyphenols, hawthorn acts a strong antioxidant and anti-inflammatory with many additional benefits to the body.

When is the best time to take CardioLife?

CardioLife can be taken anytime of the day, however it is best to take CardioLife with food to ensure maximum absorption.

What are the primary benefits of taking CardioLife?

Health Canada allows the following claim to be used for CardioLife: **"helps support cardiovascular health and blood flow throughout the body".** As CardioLife contain Vitamin K2 (MK7), it also helps strengthen the bones.

How does CardioLife help the cardiovascular system and proper blood flow?

The job of the arteries is to take blood from the heart and circulate it through the body. **The ingredients in CardioLife support healthy and pliable (soft, flexible) arteries and help ensure that blood flows through the arteries easily and is not "blocked" by calcium and cholesterol build ups.**

What causes blockages in the arteries - also known as "hardening of the arteries"?

These blockages are typically caused by calcium, cholesterol and other substances sticking to a damaged artery wall. Eventually this build up and can lead to a total blockage of an artery which can lead to a heart attack or other life threatening cardio event.

Can improving blood flow help other areas of the body?

Absolutely! Studies have shown that **improving blood flow can help with overall brain health and memory functions.** Also, people with diabetes benefit greatly by improvements in blood flow to the extremities of the body (feet, hands).



Lifestyles™

每天活得更精彩

2023上半年，每月嘅第二及最後的星期日

以下是2023年3月至6月，每月第二及最後的星期日辦公日期：

3月12, 26日
5月14, 28日

4月9, 30日
6月11及25日

辦公時間：10:00 至 17:00

記住星期日上嚟買天茶啦！



For the first half year of 2023, these are the Sundays that you can purchase Intra: the second and last Sunday of each month!

The dates below are the opening of the second and last Sunday from March to June 2023:

March 12 & 26 April 9 & 30
May 14 & 28 June 11 & 25

Office hours : 10:00 – 17:00

Remember to visit and buy Intra on Sunday!

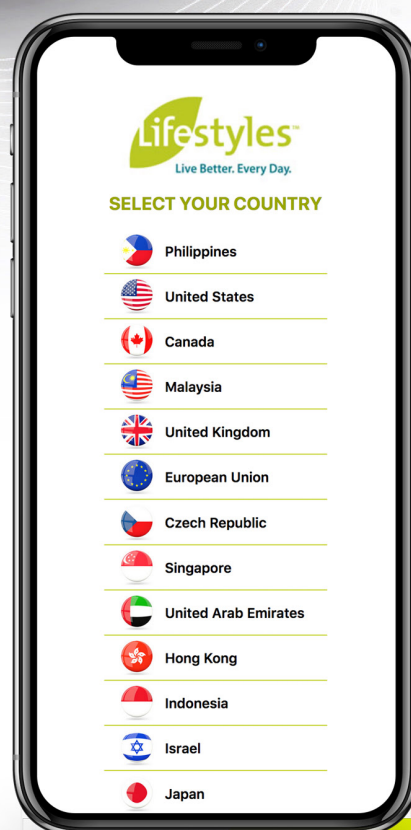


用你的手提電話，7日24小時
無間斷地溜覽麗泰資訊！

- 🛒 選購麗泰產品
- 🔑 登入你的個人商業中心帳戶
- ❗ 獲取所有麗泰產品資訊
- 📘 連結麗泰面書專頁

另一渠道助你建立你的麗泰事業！

今天，就用你的手提電話溜覽
www.lifestyles.net



Lifestyles™
每天活得更精彩

好消息！好消息！

麗泰網上商店現已開業
現在，隨時隨地都可以訂購天茶啦，
麗泰網上商店現已開業！
購貨及付款即時辦妥，減少傳真或電郵購貨
的不便，請即時進入www.lifestyles.net/hk-ch
感受麗泰網上商店一站式購物的方便。



注意事項：

- 1) 訂單完成後不能更改貨品之內容
- 2) 直銷商必須核實自己的名字才完成訂單，否則訂單完成後不能更改
- 3) 傳真及電郵方式購貨，仍然有效，但同一張單，切勿用多於一個渠道訂貨，以免重複訂購。

全方位的中港澳運輸服務，實有一區適合你。

DELIVERY SERVICE TO CHINA, HONG KONG & MACAU

麗泰香港的領袖、直銷商及用家，遍佈中國、香港及澳門，因此，麗泰提供中港澳優質實惠的運輸服務，以方便各領袖及直銷商將天茶安全、方便及快捷地送抵指定地點。



中國 CHINA

產品：天茶水

Product: Intra Liquid

送往地區：全國，運費：首支HK\$100 其後每支HK\$30 每9支後，運費由首支起再計

(已包內地報關及稅項事宜，必需提供收貨人護照或內地身份證正背面)

To all region in China, Fee: 1st btl HK\$100; 2nd btl & after HK\$30 per btl; after 9 btl, fee will be counted from the 1st bottle again (include custom clearance & excise; pls provide passport or front & back of the receiver's China ID)

產品：丸類產品 – 天茶丸、蔬果丸、快纖營、心鈣健（每10樽丸）

Product: Capsule – Intra capsule, NutriaPlus, FibreLife & CardioLife (every 10 bottles)

送往地區：全國 運費：HK\$170– (已包內地報關及稅項事宜，必需提供收貨人護照或內地身份證正背面)

To all region in China Fee: HK\$170–

(include custom clearance & excise; pls provide passport or front & back of the receiver's China ID)

貨物到達需時14至21個工作天不等 Delivery in 14 – 21 working days



香港 HONG KONG

產品 (天茶水)	九龍區	新界區	香港島區	馬灣/東涌	愉景灣
Product (Intra liquid)	Kowloon	N.T.	HK Island	Ma Wan/ Tung Chung	Discovery Bay
1箱 (case)	\$150–	\$150–	\$150–	\$150–	\$200–
2箱 (cases)	\$200–	\$200–	\$200–	\$200–	\$250–
3 – 10箱 (cases)	\$200–	\$300–	\$250–	\$300–	\$450–

不足1箱的運費更經濟，請向職員查詢 Please enquire charge for delivery less than 1 case



澳門 MACAU

只限天茶水及天茶丸 (Only Intra liquid & Intra capsule)

產品 Product	澳門及氹仔 Macau & Taipa	路環/威斯汀 Coloane/Westin
首兩箱天茶水 Intra liquid first 2 cases	\$188–	\$218–
其後每箱 afterwards each case	\$72–	\$72–
每16樽天茶丸 Intra capsules every 16 bottles	\$100	\$130–

送貨需時約7個工作天 Delivery in 7 working days