



Only Intra supports the Body's 8 Biological Systems

8 Biological Systems	Intra	Goji Juice	Mangosteen Juice	Noni Juice	Açai	Echinacea	Vitamin C	Vitamin E	Calcium
Cardiovascular	✓	✓	✓	✓	✓		✓	✓	✓
Digestive & Energy	✓								
Eliminative / Antioxidant	✓	✓	✓	✓	✓		✓	✓	
Endocrine	✓								
Immune	✓	✓	✓	✓		✓	✓	✓	
Nervous	✓								
Reproductive	✓	✓						✓	✓
Structural (Musculoskeletal)	✓								✓

Sources: Intra & Nutria (ingredients in): various sources, primarily Natural Standard monographs; Mangosteen, Noni, Echinacea, Vitamins C & E, Calcium: Natural Standard monographs; Goji & Açai: PubMed

# 8 Biological Systems and Intra®



8 Biological Systems	Function of Intra's Ingredients	Botanicals supporting Healthy Functioning
<b>Cardiovascular</b>	Have been shown to support a healthy cardiovascular system.	Primary Botanicals: Reishi mushroom, Chinese pearl barley. Secondary Botanicals: Chicory root, Alfalfa.
<b>Digestive &amp; Energy</b>	Aid in helping to digest food and drinks so your body can use them to build and nourish cells and provide energy.	Primary Botanicals: Aloe vera, Siberian ginseng, Licorice root, Chinese pearl barley, Chicory root, Dandelion, German chamomile, Alfalfa, Fenugreek seed, Bee pollen, Ginger. Secondary Botanicals: Chinese rose hips, Juniper berries.
<b>Eliminative / Antioxidant</b>	Help rid the body of wastes "manufactured" in the digestive process and through normal metabolism, as well as neutralize toxins from our food, drinks, and environment.	Primary Botanicals: Aloe vera, Chinese pearl barley, Schisandra berry, Chicory root, Dandelion, Cascara bark, Juniper berries, Celery seed. Secondary Botanicals: Astragalus, Chinese rose hips, Sarsaparilla.
<b>Endocrine</b>	Have the ability to modulate the functioning of glands, which release chemicals that eventually control every other system in your body.	Primary Botanicals: Astragalus. Secondary Botanicals: Siberian ginseng, Reishi mushroom, Fenugreek seed, Celery seed.
<b>Immune</b>	Strengthen your body's natural ability to protect itself.	Primary Botanicals: Licorice root, Astragalus, Reishi mushroom, Chinese rose hips, Thyme. Secondary Botanicals: Aloe vera, Siberian ginseng, Schisandra berry, Chicory root.
<b>Nervous</b>	Support the coordination of your brain, spinal cord, and network of nerves that thread throughout your entire body.	Primary Botanicals: Siberian ginseng, Astragalus, Passion flower. Secondary Botanicals: German chamomile, Thyme.
<b>Reproductive</b>	Have been shown to help balance hormones, leading to a healthy reproductive system.	Primary Botanicals: Pipsissewa. Secondary Botanicals: Fenugreek seed, Ginger.
<b>Structural (Musculoskeletal)</b>	Help to keep bones, muscles, joints, and connective tissue healthy - helping your stand tall move freely while protecting the delicate insides of your body.	Primary Botanicals: Ginger, Sarsaparilla, Capsicum fruit.