



Q. What is Intra?

A. Intra is a unique and proprietary blend of 23 botanical extracts designed to support, balance and strengthen the 8 biological systems of the body. It has been specially formulated to include food based botanical extracts and has been enjoyed around the world for over 20 years. Intra helps to maintain good health.

Q. What type of benefits can I expect to see using Intra?

A. Intra works with the natural systems of the body and, because each one of us is different, we experience different results when using the product. In general, Intra helps support and strengthen the body. Everyone who uses Intra daily will experience different benefits.

Q. How much Intra should I take every day?

A. The suggested use of Intra is 28 ml to 56 ml (1 – 2 fluid ounces) a day, but up to 168 ml (6 fluid ounces) can be safely consumed daily if you feel like your body needs additional support. Intra is suitable for the whole family.

Q. Is it OK to take Intra every day for a long period of time?

A. Yes. Intra was developed for this exact purpose using food based botanical extracts in a balanced and safe formulation. Many herbal experts recommend that high dosages of single botanicals be taken for only short periods of time. However, this does not apply with Intra since it was specifically formulated with safety in mind using a moderate level of each botanical extract.

Q. Are there any side effects with Intra?

A. In general, Intra has no side effects. Intra is a food product, and as such, a small minority of people may be allergic to one of the ingredients that make up the formula. As with any food product, if an allergy exists, the person should not continue to take Intra.